

def. CHURCH

• AT THE CORE •

High Expectations

# Ephesians 4:1-16

<sup>1</sup> I therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called,

<sup>2</sup> with all humility and gentleness, with patience, bearing with one another in love

<sup>3</sup> eager to maintain the unity of the Spirit in the bond of peace.

# Ephesians 4:1-16

<sup>4</sup> There is one body and one Spirit—  
just as you were called to the one  
hope that belongs to your call—

<sup>5</sup> one Lord, one faith, one baptism,

<sup>6</sup> one God and Father of all, who is  
over all and through all and in all.

# Ephesians 4:1-16

<sup>7</sup> But grace was given to each one of us according to the measure of Christ's gift.

<sup>8</sup> Therefore it says, "When he ascended on high he led a host of captives, and he gave gifts to men."

# Ephesians 4:1-16

<sup>9</sup> (In saying, “He ascended,” what does it mean but that he had also descended into the lower regions, the earth?)

<sup>10</sup> He who descended is the one who also ascended far above all the heavens, that he might fill all things.)

# Ephesians 4:1-16

<sup>11</sup> And he gave the apostles, the prophets, the evangelists, the shepherds and teachers,

<sup>12</sup> to equip the saints for the work of ministry, for building up the body of Christ,

# Ephesians 4:1-16

<sup>13</sup> until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ,

<sup>14</sup> so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes.

# Ephesians 4:1-16

<sup>15</sup> Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ,  
<sup>16</sup> from whom the whole body, joined and held together by every joint with which it is equipped, when each part is working properly, makes the body grow so that it builds itself up in love.



***“for building up the body of Christ,  
until we all attain to the unity of the  
faith and of the knowledge of the  
Son of God, to mature manhood”***

***Ephesians 4:12b-13a***

*“for building up the body of Christ,  
until we all attain to the unity of the  
faith and of the knowledge of the  
Son of God, to mature manhood”*

*Ephesians 4:12b-13a*

*What does a  
mature church look like?*

***“to equip the saints for the  
work of ministry”***

*Ephesians 4:12*

**BEAR WITH ONE ANOTHER**

**HOLY SPIRIT FATHER**

**LORD**

**BAPTISM**

**HOPE**

**FAITH**

**JESUS**

**BODY**

***“to mature manhood...measure of  
the stature of the fullness of Christ,”***

*Ephesians 4:13*



***“so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes.”***

***Ephesians 4:14***

***“so that we may no longer be children, tossed to and fro by the waves and carried about...”***



*“so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes.”*

*Ephesians 4:14*

*“so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes.”*

*Ephesians 4:14*

**1) Learn from the ancestors of faith**



***“so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes.”***

***Ephesians 4:14***

*“so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, **by human cunning,** by craftiness in deceitful schemes.”*

*Ephesians 4:14*

**2) Examine truth before consuming it**

**“[The Gospels] are not eyewitness accounts of Jesus’ words and deeds.**

**They are testimonies of faith composed by communities of faith written many years after the events they describe. The gospels are of course extremely useful in revealing how the early Christians viewed Jesus. But they do not tell us much about how Jesus viewed himself.”**

*“so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, **by human cunning,** by craftiness in deceitful schemes.”*

*Ephesians 4:14*

**2) Examine truth before consuming it**

*“Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ,*

*Ephesians 4:15*

### 3) Speak the Truth in love

*“Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ,*

*Ephesians 4:15*

## 4) Grow into Christ-likeness

***“into Christ, from whom the whole body, joined and held together by every joint with which it is equipped,”***

***Ephesians 4:16a***

**5) Equip and support one another**



**“when each part is working properly,  
makes the body grow  
so that it **builds itself up** in love.”**

*Ephesians 4:16b*

**6) Expand and multiply**





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***“Walk in a manner  
worthy of the calling  
to which you have been called.”***

***Ephesians 4:1***

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**FOLLOW  
JESUS**

***“Grow up in every way into Christ,”***  
***Ephesians 4:15***



# CHURCH

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## COMMUNE WITH ONE ANOTHER

*“Speak the truth in love,”*

*“Joined, held together, equipped”*

*Ephesians 4:15-16*



# CHURCH



• AT THE **C** **O** **R** **E** •



## MAKE DISCIPLES

*“makes the body grow  
so that it builds itself up in love”*

*Ephesians 4:16*

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*“No longer be children...  
grow up in every way”*



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